Collection Instructions for Chlamydia / Gonorrhea Testing in MALES

- Either a urine sample or urethral swab can be submitted for CT / GC nucleic acid amplification testing in males.
- The sensitivity and specificity of CT / GC testing with the Gen-Probe APTIMA system used at LifeLabs are similar for urethral swabs and urine samples.

Please package each patient's specimens in a separate plastic bag (each bag should contain specimens for one patient only).

Urine Specimen Collection:

<table>
<thead>
<tr>
<th>Collection device</th>
<th>Instructions</th>
</tr>
</thead>
</table>
| ![Urine Collection](image) | 1. Collect the first 20–30 mL of voided urine (first part of stream – NOT a midstream). The minimum acceptable volume is 20 mL, the maximum is 60 mL.  
2. For best results, urine specimens should reach the laboratory / Patient Service Center within 24 hours of collection; however, specimens will be accepted within 72 hours of collection if it was refrigerated. |

Urethral Swab Collection:

- Use APTIMA swabs ONLY for nucleic acid amplification testing (NAT) – NOT SUITABLE for CULTURE.
- CT and GC NAT can be performed from a single APTIMA swab.
- The same unisex collection kit used for endocervical specimens is also used for urethral specimens.
- The patient should not have urinated for at least one hour before specimen collection.

**APTIMA Collection Kit Contents**

- LARGE SWAB with WHITE SHAFT – DISCARD
- Small swab with blue shaft for collecting specimen
- Swab Specimen Transport Tube

1. Insert small swab with blue shaft 2–4 cm into urethra to collect specimen
2. Remove cap from swab transport tube  
   Place blue shaft swab into tube  
   Break shaft at scored line
3. Replace cap on tube