Chlamydia and Gonorrhea Collection Instructions

APTIMA SWABS for Chlamydia / Gonorrhea Nucleic Acid Amplification Testing

- Use APTIMA swabs ONLY for nucleic acid amplification testing - NOT SUITABLE for CULTURE.
- CT and GC nucleic acid amplification testing can be performed from a single APTIMA swab.
- Label all swabs with patient first & last names, DOB or PHN, date & time of collection and site.
- Please package each patient’s specimens in a separate plastic bag (each bag should contain specimens for one patient only).
- Swabs can be stored and transported at room temperature or refrigerated.

### APTIMA Collection Kit Contents

| LARGE SWAB with WHITE SHAFT for CLEANING |
| Small swab with blue shaft for collecting specimen |
| Swab Specimen Transport Tube |

### Endocervical Swab Collection:

If a sample for Pap testing is being collected at the same time, it is best to collect the CT / GC sample before the Pap sample.

1. Use LARGE SWAB with WHITE SHAFT first to remove excess cervical mucous.
2. Discard after cleaning.
3. Insert the small swab with blue shaft into the cervical canal and rotate to collect the sample for testing.
4. Replace cap on tube.

### Urethral Swab Collection:

- The same unisex collection kit used for cervical specimens is also used for urethral specimens.
- The patient should not have urinated for at least one hour before specimen collection.
- DISCARD the LARGE CLEANING SWAB with the WHITE SHAFT.

1. Insert small swab with blue shaft 2–4 cm into the urethra to collect specimen.
2. Remove cap from swab transport tube.
3. Place blue shaft swab into tube.
4. Break shaft at scored line.
5. Replace cap on tube.

### Urine Collection:

- Urine is an acceptable alternative specimen to either endocervical or urethral swabs.
- Collect the first 20–30 mL of voided urine (first part of stream – NOT a midstream) in a sterile urine collection container. The minimum acceptable volume is 20 mL, the maximum is 60 mL.

### Swabs may be ordered as follows:

<table>
<thead>
<tr>
<th>Location</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lower Mainland</td>
<td>Complete supply order form and send it to the lab by courier or phone 604-412-4481</td>
</tr>
<tr>
<td>Vancouver Island</td>
<td>Complete supply order form and send it to the lab by courier or fax the order form to 250-727-0344</td>
</tr>
<tr>
<td>Kamloops</td>
<td>Phone 250-374-1644</td>
</tr>
<tr>
<td>All other locations</td>
<td>Please contact your local LifeLabs Patient Service Center</td>
</tr>
</tbody>
</table>

Approved by: Med Dir Lab Srv
Doc. Owner: Tec Quality Specialist - Micro and Molecular Diagnostics
Effective: 28-Oct-2013
Uncontrolled When Printed

Current
Ver: 1.0
Print date: 03/09/2014