

Calprotectin Stool Test

The following information is intended to help you collect the correct specimen for the test your clinician has requested.

This test requires a stool specimen. Please obtain the “Stool Collection Kit” which includes the collection instructions and specimen container.

MEDICATION RESTRICTIONS FOR CALPROTECTIN TESTING:

First read the instructions carefully, make sure you are prepared, and then follow each of the steps to ensure proper collection.

The following medication should be avoided for **two (2) weeks** prior to collection because they may cause an elevated result.

Contact your physician for approval before discontinuing any prescription medication. Be sure to discuss all non-prescription medications with your physician.

- Non-steroidal anti-inflammatory drugs (NSAIDs) which include (but not limited to):
 - Salicylate (Aspirin)
 - Ibuprofen (Advil, Motrin)
 - Naproxen (Aleve, Naprosyn)
 - COX-2 Inhibitors (Celebrex)

After the specimen is collected, you may resume your normal medication.