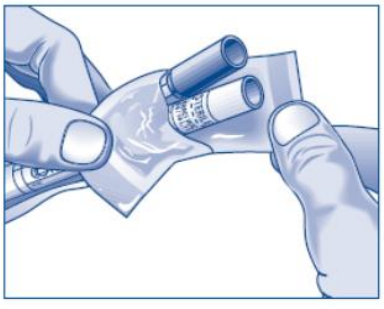
Self-Collection Instructions for the collection of a genital swab for the detection of a group B streptococcus (GBS)

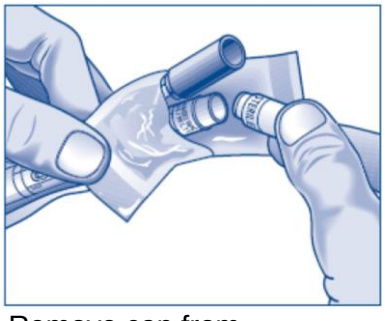
Note: The swab must be inserted into both the vagina and the rectum for optimal results

1.



Partially peel open the plastic film layers of the swab package.

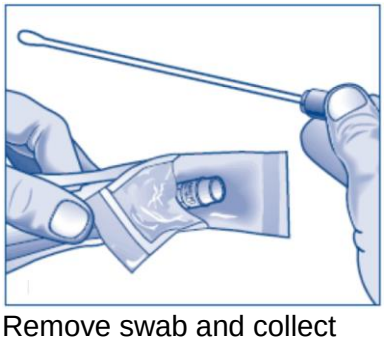
2.



Remove cap from transport tube. Do not touch the soft tip or lay the swab down.

If the soft tip is touched, laid down, or dropped, use a new swab.

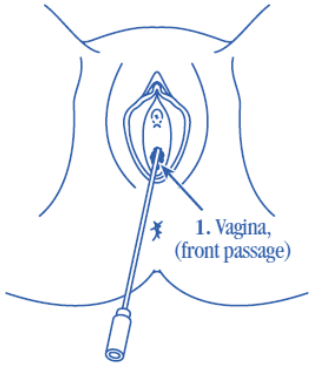
3.



Remove swab and collect specimen.

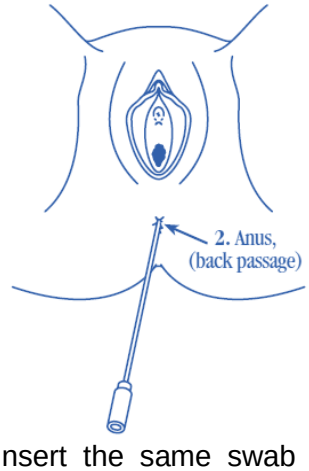
Fingers must be away from the cotton end.

4.



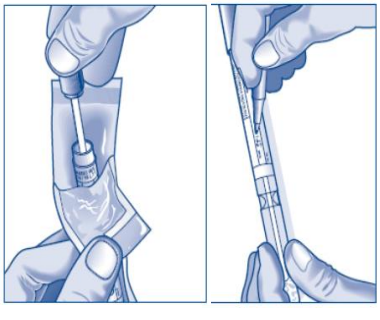
In a seated or standing position, without touching the outer folds of the vagina, carefully insert the swab about 2cm into the opening of the vagina, and gently rotate the swab.

5.



Insert the same swab 1cm into anus, (back passage).

6.



Immediately insert swab in tube and close cap (always replace cap firmly to complete seal).
Label swab*

*** Label swab with your full name, date of birth or health card number, date and time of collection, and source of sample. Please write the source as: "vagina/rectal".**
*** Store swab at room temperature and submit it to patient collection center within 24 hours of collection.**

References:
Centers for Disease Control and Prevention, U.S. Department of Health & Human Services. (2019, June 25). *Instructions for the collection of a genital swab for the detection of group B streptococcus (GBS).* https://www.cdc.gov/groupbstrep/downloads/gbs_swab_sheet21.pdf
Copan USA. (2011, June). CopanTransystem Product Insert. (https://www.copanusa.com/wp-content/uploads/2019/11/Transystem-Package-Insert_PI-Transystem-H219DD-Rev04.pdf