

# Health Care Provider Bulletin

LifeLabs Service Update 09/11/2023

## Change in specimen type for NT-proBNP testing at LifeLabs

Dear health care providers,

Effective **04 December 2023**, serum (SST, gold top) will be the preferred specimen to test for NT-proBNP. There is no change in reference intervals and/or interpretation of test results between the two sample types. Sample transport and storage conditions also remain unchanged. EDTA plasma (lavender top) will continue to be an acceptable sample type.

Switching to serum would allow for consolidation of testing to a single specimen tube, thus reducing the number of blood tubes that need to be collected. The use of serum for NT-proBNP testing was validated at LifeLabs, and no significant changes were noted. Reference interval/interpretation remains the same.

For further information, please contact the LifeLabs clinical biochemist below, or LifeLabs Customer Care Centre at 1-877-849-3637.

We welcome your feedback!

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