

CLIENT SPECIMEN REQUIREMENT CHART

(Northern and Eastern Ontario) Use the test list below to select the correct specimen container and the appropriate number of tubes to be collected.

ORDER OFDRAW

RS	Light Blue	Royal Blue Plain	Plain Red	Gold SST	Gold SS T	Gold SST	Gold SST	Green Heparin	Royal Blue K ₂ EDTA	Lavender	Lavender	Pink	Gray
DRAW BLOOD CULTURE BEFORE ANY VACUTAINERS	One tube for: INR One tube for: APTT One tube for: Protein C Protein S One tube for: Anti-Thrombin Activity Four tubes for: Anti-Phospholipid One tube for: Factor Assays One tube for: D-Dimer One tube for: Fibrinogen One tube for: Heparin Assays One tube for: Heparin Assays One tube for: Heparin Assays	One tube for: Copper serum Zinc serum Selenium serum One tube for: Amitriptyline Desipramine Imipramine Nortriptyline	One tube for: Amikacin One tube for: Tobramycin One tube for: Vancomycin One tube for Synovial Fluid: C3 C4 Glucose RF Total Protein Uric Acid Frozen Serum: One tube for: Clobazam One tube for: C-peptide One tube for: Clozapine One tube for: Doxepin	One tube for: Albumin ALP ALT Amylase AST Bilirubin, Direct Bilirubin, Total Calcium Chloride CK Creatinine GGT Glucose LD Lipase Lipid Assessment (includes: Cholesterol, Trig, Total HDL, LDL) Lithium Magnesium Phosphorous Potassium Sodium Total Protein Urea Uric Acid	One tube for: A1AT Testosteror A1pha Fetoprotein (Oncology) Anti-Mullerian Hormone Bioavailabl APO A1 Testoste APO B Anti-Thyroi C4 Peroxid Cortisol Thyroglobu CRP-hs/wr Total T3 DHEAS Transferriin Ferritin Vitamin B1. Folate-Serum Free T3 Free T4 FSH IgA IgA IgG IgM Insulin Iron/TIBC LH Parathyroid Hormone (PTH) Progesterone Prolactin PSA-Total	sterone Anti-ENA Anti-CCP Globulin le Hepatitis A Hepatitis B Hepatitis C Rubella IgG dase Jain One tube for: Cholinesterase One tube for: Ethanol	One tube for: Immunofixation Protein Electrophoresis One tube for: Total hCG One tube for: Vitamin D One tube for: CEA-Uninsured One tube for: Carbamazepine Digoxin Phenytoin Valproic Acid One tube for: Primidone Phenobarbital Theophyilline Frozen Serum: One tube for: PSA-Ratio (includes PSA-Total)	Always submit completed rector: Insured CE NSS/IPS/ef Cytogeneti Molecular Grests Flow Cyton Allergen Te	A Tests Ith Tests TS c or ienetic	One tube for: Cyclosporin Tacrolimus One tube for: Sickle Screen Completed Form & One tube for: Flow Cytometry One tube for: HLA B27 Frozen Plasma: One tube for: Ammonia One tube for: BNP One tube for: Renin/ Aldosterone	One tube for: CBC and differential Retic Count Sedimentation Rate (ESR) One tube for: HGB H Prep/H Inclusion Bodies 2 EDTA tubes required for the following: G6PD Hemoglobin Electrophoresis RBC Folate One tube for: Glycoslyated Hemoglobin (HBA1c) + CBC	One tube for: Antibody Screen Blood Group Direct Antiglobulin Test (DAT) Pre-Natal Screen Rh Genotype	One tube for: Glucose One tube for each timed collection: Oral Glucose Tolerance Test (OGTT) Gestational Diabetes Screen Gestational Diabetes Confirmatory Insulin/Glucose Challenge Test (refrigerate serum for insulin) Growth Hormone Suppression Test (freeze serum for Growth Hormone)
	See Coagulation Instructions Below	Centrifuge Aliquot Store Serum Refrigerated	Centrifuge Aliquot Store Serum Refrigerated		Sto	ntrifuge re SST igerated		Refrigerate Whole Blood	Refrigerate Whole Blood	Room Temperature	Refrigerate Whole Blood	Refrigerate Whole Blood	Refrigerate Whole Blood

COAGULATION INSTRUCTIONS:

1. For INR:

- · Transport unspun at room temperature within 24 hours.
- If transportation is greater than 24 hours, follow instructions for APTT.
- 2. For APTT and D-Dimer:
 - Centrifuge specimen for 15 minutes and aliquot the upper ¾ of the plasma into an aliquot tube and cap.
 - · Freeze immediately. Sample must be transported in a frozen state.
- 3. For all other Coagulation Assays:
 - Centrifuge specimen for 15 minutes and separate the plasma into an aliquot tube and cap.
 - Centrifuge this plasma for another 15 minutes and pipette all but the bottom 0.5 ml into a transport tube and cap.
 - Freeze immediately. NOTE: Fibrinogen is stored and shipped refrigerated at 2-8°C

NOTE: Samples that are to be transported in a frozen state will be rejected if not received frozen.

IMPORTANT NOTES:

- ALLOW BLOOD TUBES TO FILL COMPLETELY TO ENSURE ACCURATE RESULTS.
- MIX ALL TUBES BY GENTLE INVERSION.
- 3. If delivery to a testing laboratory is delayed greater than 4 hours, follow the storage requirements listed under each column. Otherwise the tube may be kept at room temperature until courier pick-up.
- 4. Follow current LifeLabs labeling requirements

NOTE: Allow blood to clot at Room Temperature upright for 30 minutes before centrifuging.

For Inquires, contact LifeLabs Customer Care Centre 1-877-849-3637

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