

## 2023 BC Gastroenteritis Antibiogram

The following antibiogram is a profile of antibiotic susceptibility results from bacterial pathogens isolated from stool cultures submitted to LifeLabs British Columbia from January 1, 2022 to December 31, 2022. Calculations are performed as per the Clinical and Laboratory Standards Institute (CLSI) document M39-A4. For pathogens where <30 isolates were available, results for the 2 years of 2021-2022 were included to generate a larger sample size; these isolates are highlighted in grey.

Many bacterial gastrointestinal pathogens are self-limiting and do not require treatment with antibiotics. Please see the notes below the table for additional details.

			Antibiotic (% susceptible)					
ORGANISM	# isolates tested	Comments	Ampicillin/ Amoxicillin	TMP-SMX	Ciprofloxacin	Tetracycline	Azithromycin	Ceftriaxone
Aeromonas spp.*	206		R	98	99	90		98
Campylobacter jejuni*	30		R	R	67	87	97	
Shiga-toxin producing E. coli (ETEC) including 0157:H7	Susceptibility testing is not performed. Antibiotics should be avoided/stopped since antibiotic treatment may increase the risk of hemolytic uremic syndrome (HUS).							
Salmonella <sup>\$</sup> (non-typhoidal)	158		96	99	83		@	98
Salmonella – typhoidal (S. typhi and paratyphi)	39	Includes S. typhi (n= 24) and S. paratyphi A (n=15) isolated from stool or blood	100	100	25		100	100
Shigella spp.	96	54% of isolates were S. sonnei, 38% S. flexneri, 6% S. boydii, 2% S. dysenteriae	22	15	24		15	95
Vibrio spp.#	31	Includes V. cholerae (n=2), V. fluvialis (n=3), V. parahemolyticus (n=22), and other Vibrio species (n=4)	R	97	100	100	@	100
Yersinia enterocolitica*	199		R	100	99	100	R	100

<sup>\*</sup>Gastrointestinal infection with these organisms tends to be self-limited so routine antibiotic treatment may not be required except in severe illness or in patients who are immunocompromised or frail.

- # Treatment of gastroenteritis caused by *Vibrio cholerae* is typically recommended. Treatment of infection caused by other *Vibrio* species is often self-limited so routine antibiotic treatment may not be required except in severe illness or in patients who are immunocompromised or frail.
- @ Azithromycin may be a reasonable treatment option for Salmonella, Shigella, and Vibrio infections when clinically indicated; however, LifeLabs does not currently perform routine susceptibility testing for this drug on all isolates.

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90-100% of isolates are susceptible to the antibiotic indicated (GOOD CHOICE)

51-89% of isolates are susceptible to the antibiotic indicated (INTERMEDIATE CHOICE)

0-50% of isolates are susceptible to the antibiotic indicated (POOR CHOICE)

The organism is inherently resistant to the antibiotic indicated **OR** is not recommended due to poor clinical response and/or poor activity Antimicrobial susceptibility testing not performed

**TMP-SMX** = Trimethoprim-Sulfamethoxazole

<sup>\$</sup> Treatment of gastroenteritis caused by non-typhoidal *Salmonella* is not typically recommended for healthy people >6 months or <50 years of age. Treatment is recommended in older patients/patients with vascular grafts to reduce the risk of endovascular infection, or in those with severe symptoms.