

PATIENT PREPARATION INSTRUCTIONS

For some procedures, drugs or other compounds have been reported to cause interference with the analyses. Although LifeLabs attempts to employ methods that are relatively free from such interference, it is necessary in some instances to suggest that certain drugs or foods be eliminated prior to and during specimen collection (please refer to individual tests for specific limitations). As it may be inappropriate to alter drug therapies for some patients, we request that the attending clinician be responsible for advising his/her patient of the requirement to discontinue certain drugs.

For certain assays, it is either mandatory or preferred to have the patient fast (no food or drink other than water) for a specific time prior to specimen collection. See lists below:

Mandatory Minimum 4-Hour Fast	Mandatory Minimum 8-Hour Fast	Mandatory Minimum 12-Hour Fast	Preferred Minimum 12-Hour Fast
<ul style="list-style-type: none"> • Urea Breath Test 	<ul style="list-style-type: none"> • Adiponectin • Fasting Blood Glucose • Fasting Insulin • Gestational DM Confirmation • Glucagon • Insulin Glucose Challenge • Lactose Tolerance • Oral Glucose Tolerance • Proinsulin 	<ul style="list-style-type: none"> • Bile Acids • Free Fatty Acids • Gastrin • Growth Hormone • Lipoprotein (a) 	<ul style="list-style-type: none"> • Apolipoprotein E • C-1Q Binding Activity • Calcitonin • Calcium • C-Peptide • Cryofibrinogen • Cryoglobulin • Homocysteine • Phosphate • Protein electrophoresis

For Inquires, contact LifeLabs Customer Care Centre 1-877-849-3637