

# Home Collection Kit Instructions

## 1 Specimen Collection & Handling Instructions

### COMBINED BUCCAL/BILATERAL ANTERIOR NASAL COLLECTION

In order to ensure reliable test results, please follow the instructions carefully.

The use of a mirror may assist in your collection.

**a** Wash your hands with soap and water and dry thoroughly.

**b** Obtain the Buccal/Bilateral Anterior Nasal Collection Kit. Verify that the collection tube contains liquid and that the fluid is not visibly cloudy.

**c** Write your full name, date of birth and the date and time of your collection on the label and then attach it to the tube.

**d** Unscrew the cap of the tube, placing it right side up on a flat surface or in the designated portion of the kit. Do not spill the contents of the tube.

**e** Grasp the two ends of the wrapping on the wrapped swab and slowly peel the wrapping down to expose the swab handle. Do not unwrap the swab completely.

**f** Remove the swab from the package and grasp the swab so that you are pinching the score line. This will prevent accidental breakage of the swab during collection.

**g** To avoid contamination, ensure swab does not come into contact with your hand or any surface prior to collection. **If contaminated, use a new kit. Important:** Do NOT pre-moisten or pre-wet swab prior to collection.

**h** Insert the swab between the cheek and lower gums on one side and rotate the swab 3 times to ensure the swab is moistened. Repeat on the other side.

**i** Insert swab about 1 cm (0.5 in) inside nostril one. Rotate swab firmly around the inner surfaces of the nostril for 15 seconds.

**j** Using the same swab, repeat for the other nostril. Rotate the swab for an additional 15 seconds.

**k** Immediately place the swab into the transport tube so that the score line is level with the top edge of the tube.

**l** Carefully break the shaft and allow the swab to drop to the bottom of the vial into the liquid.

**m** Discard the top portion of the shaft into the regular garbage.

**n** Screw on tube cap securely **Important:** Leaking specimens will be rejected for safety and quality reasons.

**o** Wash your hands with soap and water and dry thoroughly.

**p** Follow the instructions on packing. Store the tube in the refrigerator until you are ready to drop off your sample.

## 2 Instructions for Packaging Your Sample

**a** Check that the cap on your sample tube is screwed on tightly.

**b** Place the securely capped sample tube in the biohazard bag found in your kit.

**c** Place the absorbent pad in the bag along with your sample tube.

**d** Once placed, carefully seal the biohazard bag, and ensure it is completely sealed.

**e** On the requisition write your initials and the date and time of your collection

**f** Fold your paper requisition and put it into the outer pocket of the biohazard bag.

**g** Place the biohazard bag inside the foil pouch and seal it.

**h** Place the foil pouch in your kit box.

**i** Close the flaps on the box.

**j** Affix the tamper-proof seal on the bottom front edge of the box.

**k** Place the kit ID label on the white poly bag. The label can be found in the clear pouch on the bottom of the kit box.

**l** Place the entire kit box in the white poly bag and seal. If you are packaging multiple samples, each sample must be packaged in a separate bag.

**m** Please drop off your packaged sample at your local LifeLabs patient service centre. Please visit: [LifeLabs.com/ClearPass/Locations](https://www.lifelabs.com/ClearPass/Locations) for drop off locations or for instructions on how to return your sample with FedEx.

For inquiries, visit [LifeLabs.com/ClearPass/PCR](https://www.lifelabs.com/ClearPass/PCR)

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