Which COVID-19 Test Should You Take?

LifeLabs offers two options of COVID-19 tests that identify if individuals are currently infected or may have been infected in the past with the virus.

**COVID-19 SWAB TEST FOR ACTIVE INFECTION**
- Through a healthcare provider or hospital
- At a government-authorized testing centre
- Through your workplace if it's part of the WorkClear™ program for COVID-19 workplace screening

**COVID-19 ANTIBODY BLOOD TEST FOR PRIOR INFECTION**
- At a LifeLabs location after making an appointment
- Through your workplace if it's part of the WorkClear™ program for COVID-19 workplace screening

**HOW DO THE TESTS WORK?**

**COVID-19 swab test uses PCR technology to detect genetic information from the virus. If present, it indicates an active infection.**

Serology testing can check for different types of antibodies developed after exposure to the SARS-CoV-2 virus that causes COVID-19 infection.

**WHY SHOULD I GET TESTED?**

**Get this swab test if you:**
- Are experiencing any COVID-19 symptoms (such as fever, cough, shortness of breath, runny nose, headache, nausea, or vomiting)
- Have been exposed to COVID-19 in the last 14 days (and may or may not have any symptoms)

**Get this blood test if you:**
- Have or suspect you may have had COVID-19 in the recent past, and at least 3 weeks have passed since symptom onset or exposure

**WHERE CAN I GET TESTED?**

- Through a healthcare provider or hospital
- At a government-authorized testing centre
- Through your workplace if it's part of the WorkClear™ program for COVID-19 workplace screening

- At a LifeLabs location after making an appointment
- Through your workplace if it's part of the WorkClear™ program for COVID-19 workplace screening

**HOW ARE SAMPLES COLLECTED?**

**Nasal Swab**
- So you can confirm whether you have an active infection, self-isolate and get the proper care from your healthcare provider

**Blood Draw**
- So you can know whether or not you had the infection, even if you didn’t feel sick
- If positive, encourage those you were in contact with to get tested

**Information about COVID-19 antibody testing**

The result of COVID-19 antibody test cannot tell you whether or not you have symptomatic infection of the virus. The result of COVID-19 antibody tests cannot tell you whether or not you are infectious (actively shedding virus).

A negative COVID-19 antibody test result means that antibodies to SARS-CoV-2 were not detected in your blood sample. The result of COVID-19 antibody tests cannot tell you whether or not you are infectious (actively shedding virus).

- So you can confirm whether you have an active infection, self-isolate and get the proper care from your healthcare provider

- So you can know whether or not you had the infection, even if you didn’t feel sick
- If positive, encourage those you were in contact with to get tested

**WHY SHOULD I BE TESTED?**

- •  Through a healthcare provider or hospital
- •  At a government-authorized testing centre
- •  Through your workplace if it's part of the WorkClear™ program for COVID-19 workplace screening

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- •  At a LifeLabs location after making an appointment
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**Get this blood test if you:**
- •  You have been hospitalized with COVID-19 for the last 14 days or more
- •  You have severe symptoms such as shortness of breath, coughing, and fever
- •  You have been recently exposed to someone who tested positive for COVID-19
- •  You have symptoms such as fever, coughing, and difficulty breathing

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**For the latest updates on testing and FAQs, visit www.LifeLabs.com**

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