

# Patient Assessment Panels

## Available in British Columbia

### Healthy Living Assessment

<b>HEMATOLOGY:</b>	CBC & Differential Iron/TIBC	Ferritin
<b>METABOLIC:</b>	Calcium Glucose	Phosphorus (PO4) Hemoglobin A1c (HbA1c)
<b>THYROID:</b>	TSH	
<b>INFLAMMATORY/CARDIAC:</b>	Fibrinogen	hs-CRP
<b>ELECTROLYTES:</b>	Potassium Chloride	Sodium Bicarbonate (CO2)
<b>LIVER:</b>	Albumin Bilirubin (Total & Direct) Alkaline Phosphatase (ALP) Gamma Glutamyl Transpeptidase (GGT)	Alanine Aminotransferase (ALT) Lactate Dehydrogenase (LDH) Aspartate Amino Transferase (AST) Protein (Total)
<b>RENAL:</b>	Creatinine Uric Acid	Blood Urea Nitrogen (BUN)
<b>LIPIDS:</b>	Cholesterol HDL	LDL Triglycerides

### Enhanced Healthy Living Assessment (Fasting)

Includes all tests in the Healthy Living Assessment, plus those listed below.

<b>HEMATOLOGY:</b>	Vitamin B12	
<b>METABOLIC:</b>	Fasting Insulin	Vitamin D 25
<b>INFLAMMATORY/CARDIAC:</b>	Erythrocyte Sedimentation Rate (ESR)	

## Basic Thyroid Assessment

Free Triiodothyronine (FT3)	Free Thyroxine (FT4)	TSH
Thyroperoxidase Antibody (TPO)		

## Enhanced Thyroid Assessment

Free Triiodothyronine (FT3)	Free Thyroxine (FT4)	TSH
Thyroperoxidase Antibody (TPO)	Reverse T3	Anti-Thyroglobulin

## Lipids Assessment (Fasting preferred)

Cholesterol	HDL	LDL
Triglycerides		

## Hematology Assessment

CBC & Differential	Iron/TIBC	Ferritin
Vitamin B12		

## Fatigue Assessment

CBC & Differential	Iron/TIBC	Ferritin
Vitamin B12	TSH	Mono Spot

# Female Hormone Assessment

\*Collect as close to 8:00 am as possible for the Cortisol AM

Cortisol AM	Follicular Stimulating Hormone (FSH)	Progesterone
Dehydroepiandrosterone Sulphate (DHEAS)	Luteinizing Hormone (LH)	Testosterone
Estradiol		

# Female Fertility Assessment

Anti-Müllerian Hormone (AMH)	Luteinizing Hormone (LH)	Progesterone
Free Thyroxine (FT4)	Testosterone, Total	TSH
Prolactin (PRL)	Follicular Stimulating Hormone (FSH)	Free Testosterone
Estradiol (E2)		

# Metabolic Assessment (Fasting)

Gamma Glutamyl Transpeptidase (GGT)	Glucose (Fasting)	Sex Hormone Binding Globulin (SHBG)
hs-CRP	Fasting Insulin	Hemoglobin A1c (HbA1c)
Triglycerides		

# Autoimmune Assessment

Antinuclear Antibody (ANA) *Reflex testing of ENA and or DNA may occur if ANA results abnormal	Rheumatoid Factor (RA)	Transglutaminase
Thyropoxidase Antibody (TPO)	Anti-Thyroglobulin	

# Mineral Assessment

Calcium, Ionized	Zinc	Copper
Magnesium (serum)		