

## Purpose

These collection instructions are for the health care provider to collect Trichomonas specimens.

Specimen Site	Collection Device	Collection Instructions	Comments
Vagina	Small swab with pink shaft for collecting specimen	<ol> <li>Insert the pink swab into the vagina 3-5 cm past the introitus and rotate gently for 10-30 seconds, touching the vaginal walls, to collect the specimen</li> </ol>	Swab may be self-collected by patient .
	Swab Specimen Transport Tube	2. Remove the cap from the transport tube	
		3. Place the pink swab into the tube	
		4. Break the shaft at the scored line and discard the top portion; recap the tube	
Cervix	Large swab with white shaft for cleaning. Discard and do <b>not</b> submit to laboratory	<ol> <li>Use the white swab to remove excess cervical mucus, then discard</li> </ol>	If a specimen for Pap testing is being collected at the same time,
		<ol> <li>Insert the blue swab into the cervical canal and rotate gently for 10-30 seconds to collect the specimen</li> </ol>	collect the NAAT specimen <u>before the Pap specimen.</u>
	Small swab with blue shaft for collecting specimen	3. Remove the cap from the transport tube	
		4. Place the blue swab into the tube	
	Swab specimen Transport Tube	5. Break the shaft at the scored line and discard the	
	Swab Specimen Transport Tube	top portion; recap the tube	
Urethra	Large swab with white shaft - DISCARD	<ol> <li>Insert the blue swab 2-4 cm into the urethra , rotating gently, to collect the specimen</li> </ol>	Patient should not have urinated for at least 1 hour before
	Small swab with blue shaft for collecting specimen	2. Remove the cap from the transport tube	specimen collection
		3. Place the blue shaft swab into the tube	
		4. Break shaft at the scored line and discard the top portion; recap the tube	
	Swab specimen Transport Tube		
	Swab Specimen Transport Tube		



# Trichomonas Collection Instructions

Specimen Site	Collection Device	Collection Instructions	Comments
Urine	Orange top sterile container	<ol> <li>Collect the <u>first</u> 20-30 mL of voided urine (NOT midstream)</li> </ol>	Patient should avoid urination for 1 hour before specimen collection If more than 60mL is collected, wait 1 hour and recollect another urine specimen.

# Labeling

• Patient samples and requisitions should be labeled with at least 2 patient identifiers (name and date of birth or PHN). Patient samples may be rejected if inappropriately labeled.

## Storage/Transport

- Swabs can be stored at room temperature after collection.
- Urine specimens can be stored at room temperature if being transported immediately but should be refrigerated if transportation time to the lab will be >24 hours.
- Package each patient's specimens in a separate plastic bag (each bag should contain specimens for one patient only)

#### Comments

- Trichomonas testing is performed by nucleic acid amplification testing (NAAT).
- Chlamydia, Gonorrhea and Trichomonas nucleic acid amplification testing can be performed from a single APTIMA swab. <u>Do</u> not use COPAN (red top) swab for Trichomonas testing.

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