

What's next?

Ambulatory Blood Pressure Monitoring (ABPM)

Step 1: Your requisition form can be found in this email

You will receive your personalized requisition in the confirmation email after paying for the test online. This requisition is personalized to your order.

Step 2: Have your requisition signed by your healthcare provider

Print and bring the requisition form you received in the order email to your healthcare provider for signing. Requisitions not signed by a healthcare provider will not be processed and our staff will not be able to provide you with an ABPM device. Please ensure your provider signs your personalized requisition you received in the email. No other form can be used to verify your online payment!

Step 3: Make an appointment at a select LifeLabs location

An appointment is required for ABPM services- both for device hook-up and disconnection.

For booking both your ABPM appointments (hook-up and disconnect), call:

Ontario: 1-877-849-3637

British Columbia: 1-855-412-4495

ABPM services are only available at these locations. Remember to return to the same location for our technicians to disconnect the device, one day after your hook-up appointment.

You must bring your signed requisition form to your chosen LifeLabs location.

Please note: You must bring the same requisition you downloaded and printed from the order confirmation and had signed by your healthcare provider to LifeLabs in order for us to process your test.

Step 4: Get your results

Your test results will be sent directly to your healthcare provider. Most test results will be reported to your physician/healthcare provider within 5-10 business days of sample collection.

