



<b>Patient Instructions</b>
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<b>Fecal Calprotectin Test</b>
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Your doctor has requested that you have a Fecal Calprotectin Test performed. In order to produce a meaningful laboratory test result, you must follow these instructions.

The following medication should be avoided for two (2) weeks prior to collection because they may cause an elevated result.

- Non-steroidal anti-inflammatory drugs (NSAIDs) which include (but not limited to):
  - Salicylate (Aspirin)
  - Ibuprofen (Advil, Motrin)
  - Naproxen (Aleve, Naprosyn)
  - COX-2 Inhibitors (Celebrex)

Before collecting the stool sample: Be sure to discuss all medications - prescription and non-prescription - with your physician. DO NOT discontinue medications without approval from your physician.

This test requires a stool specimen. Please obtain the “Stool Collection Kit” which includes the collection instructions and specimen container.

First read the collection instructions carefully, make sure you are prepared, and then follow each of the steps to ensure proper collection.