

## **Patient Instructions**

## **Pinworm**

Your health care provider has requested a pinworm specimen.

In order to produce a meaningful laboratory test result, follow these instructions exactly.

- 1. Holding the cap, remove paddle from the container, do not touch the paddle.
- 2. Separate the buttocks and press the sticky surface of the paddle against the anal area. The specimen should be obtained early in the morning before arising or bowel movement.
- 3. Return paddle to container and secure cap tightly.
- 4. Wash hands thoroughly with soap after you have finished.
- 5. Print patient information on the label.

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