



Patient Instructions

Group B *Streptococcus* Screen (Pregnancy Only) Self-Collected Vaginal-Rectal Swab

Your health care provider has requested a vaginal-rectal swab specimen. In order to produce a meaningful laboratory test result, follow these instructions exactly.

Collection

1. Remove the swab from the packaging.
2. Insert the swab into the vaginal opening.
3. Insert the same swab into rectum through the anal sphincter and rotate.
Note: The swab must be inserted into both the vagina and the rectum for optimal results. If only one site is sampled, results are compromised and puts the health of the baby at risk.
4. Remove the cap from the sterile tube and place the swab in the tube. Ensure cap fits firmly.

Labelling

1. Label the tube with your name, date of birth, and date of collection.

Storage and Transport

1. Keep the specimen at room temperature and bring it to the laboratory as soon as possible.