**Lipids**

- Suspected Hypercholesterolemia (Total, HDL & Non-HDL cholesterol only, fasting not required)
- Follow-up Lipid Profile - Total, HDL, non-HDL, LDL cholesterol, & triglycerides (Baseline or Follow-up of complex dyslipidemia)
- Full Lipid Profile - Total, HDL, non-HDL cholesterol only
- Apo B (not available with lipid profiles unless diagnosis of complex dyslipidemia is indicated)

**Thyroid Function**

- For other thyroid investigations, please order specific test below and provide diagnosis
- Monitor thyroid replacement therapy (TSH Only)
- Suspected Hypothyroidism (TSH first, fT4 if indicated)
- Suspected Hyperthyroidism (TSH first, fT4 & fT3 if indicated)

**Other Chemistry Tests**

- Sodium
- Potassium
- Albumin
- Alk phos
- ALT
- B12
- Bilirubin
- GGT
- T. Protein
- Creatinine/eGFR
- Calcium
- PSA - Known or suspected prostate cancer (MSP billable)
- PSA screening (self-pay)
- Pregnancy Test
- Pregnancy Test
- S-HCG - quantitative

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**Hematology**

- Hematocrit
- Hemoglobin A1c
- INR
- Thrombin time
- Fibrinogen
- T-PA
- D-Dimer
- INR
- Microalbumin
- RBC and WBC counts

**Microbiology**

- VAGINITIS
- Trichomonas testing
- Yeast/Fungus

**Creatinine**

- Microalbumin

**Urine Tests**

- Macroscopic
- Microscopic

**Hepatitis Serology**

- Hepatitis A (anti-HAV, total)
- Hepatitis B (HBsAg, anti-HBc, anti-HBs)
- Hepatitis C (anti-HCV)

**HIV Serology**

- HIV Serology
- Non-nominal reporting

**Other Tests**

- Standing Orders Include expiry & frequency
- ECG
- FIT (Age 50-74 asymptomatic ≥42y) Copy to Colon Screening Program
- FIT No copy to Colon Screening Program

**Other Chemistry Tests**

- Sodium
- Potassium
- Albumin
- Alk phos
- ALT
- B12
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PATIENT INSTRUCTIONS: (unless otherwise indicated by your physician)

Fasting Required: Do not eat or drink (except water) for 8-12 hours before the following tests:

- GLUCOSE - fasting
- GTT-gestational diabetes confirmation and GTT - non pregnant
- LIPIDS/CHOLESTEROL - if indicated

Note: Chewing gum and brushing teeth during the fasting period is acceptable.

Fasting is preferred, but not required for the following tests:

- Homocysteine, Iron/Transferrin

H. Pylori: Do not eat, drink (except water), or smoke for 4 hours before the test. Do not drink any fluid for the last hour of fasting.

AM Cortisol and Testosterone: Collect sample within 3 hours of waking

Patient Instructions are also available on our website www.lifelabs.com

APPOINTMENTS ARE REQUIRED FOR THE FOLLOWING TESTS:

Call to schedule an appointment Mon - Fri from 9am - 5pm

604-412-4495 or Toll Free 1-855-412-4495
- Ambulatory Blood Pressure
- Coagulation Factor Assays
- DOT/non-DOT Drug Screen
- Holter Monitor
- Lactose Tolerance/Hydrogen Breath Test
- Semen Analysis

APPOINTMENTS ARE AVAILABLE BUT NOT REQUIRED FOR THE FOLLOWING TESTS:

- Legal Drug Screen - See LifeLabs.com for a list of designated locations
- Panorama Pre-Natal Screening Test

For tests not listed above, you may arrive without an appointment OR schedule an appointment at a LifeLabs location online at www.lifelabs.com.