THYROID FUNCTION

For other thyroid investigations, please order specific test below and specifically instruct patient to fast for 10 hours in select circumstances.

Note: Fasting is not required for any of the panels but clinician may order under Other Tests section and provide diagnosis.

LIPIDS

One box only.

Note: Fasting is not required for any of the panels but clinician may specifically instruct patient to fast for 10 hours in select circumstances [e.g. history of triglycerides> 4.5 mmol/L], independent of laboratory requirements.

For tests indicated with a shaded tick box, consult provincial guidelines and protocols (www.BCGuidelines.ca)

MSP Practitioner Number

Ordering Physician, Address, MSP Practitioner Number

Locum for:

Physician

MSC #

Copy to: Address, MSP Practitioner Number

Pregnant

Yes  No

Diagnosis and indications for guideline protocol and special tests

For tests indicated with a shaded tick box, consult provincial guidelines and protocols (www.BCGuidelines.ca)

Laboratory Requisition

This requisition form, when completed, constitutes a referral to LifeLabs laboratory physicians. It is for the use of authorized health care providers only.

COMPLETE and ACCURATE information is required in all shaded areas.

Patient Surname (from CareCard)

First

Initial(s)

Date of Birth

DAY

MONTH

YEAR

Sex

Chart Number

Room # (LTC use only)

Bill to:

MSP  ICBC  WorkSafeBC  Patient  Other

PHN

I.D. Number

Patient Address

City, Province

Postal Code

Patient Telephone Number

Date/Time of Collection

Phlebotomist

Data Entry

Date/Time/Name of Medication

Telephonic Requisition Received By:

INITIAL/DATE

This requisition form, when completed, constitutes a referral to LifeLabs laboratory physicians. It is for the use of authorized health care providers only.

COMPLETE and ACCURATE information is required in all shaded areas.
You will be asked to present your Care Card/BC Services Card at each visit.
For tests not covered by MSP, payment can be made by VISA, MasterCard and Debit.
Test Results for clinicians: 1-800-431-7206. Patients can register to receive test results at www.myhealth.ca

**Patient Service Centres**

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours (Monday to Friday)</th>
<th>Fax</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kamloops - St. Paul</td>
<td>8:00 to 4:00</td>
<td>(250) 374-5638</td>
</tr>
<tr>
<td>135 - 546 St. Paul Street</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kamloops - Nicola</td>
<td>8:00 to 3:00</td>
<td>(250) 372-0588</td>
</tr>
<tr>
<td>202 - 321 Nicola Street</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kamloops - Tranquille</td>
<td>7:00 to 4:00; (Sat. 7:00 to 12:00)</td>
<td>(250) 376-4165</td>
</tr>
<tr>
<td>1 - 685 Tranquille Road</td>
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<td></td>
</tr>
<tr>
<td>Kamloops - Harrison</td>
<td>8:00 to 4:00</td>
<td>(250) 377-7504</td>
</tr>
<tr>
<td>1966 Harrison Way</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prince George</td>
<td>7:00 to 4:00; (Sat. 7:00 to 12:00)</td>
<td>(250) 562-7358</td>
</tr>
<tr>
<td>110 - 1669 Victoria Street</td>
<td></td>
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<tr>
<td>Quesnel</td>
<td>7:30 to 3:00</td>
<td>(250) 992-5889</td>
</tr>
<tr>
<td>15 - 665 Front Street</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Terrace</td>
<td>8:00 to 4:00</td>
<td>(250) 615-0332</td>
</tr>
<tr>
<td>105 - 4634 Park Avenue</td>
<td></td>
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</tr>
<tr>
<td>Dawson Creek</td>
<td>7:30 to 3:00</td>
<td>(250) 782-5764</td>
</tr>
<tr>
<td>2 - 705 - 103rd Avenue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Nelson</td>
<td>8:00 to 4:00</td>
<td>(250) 352-6628</td>
</tr>
<tr>
<td>806 Vernon Street</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kimberley</td>
<td>7:00 to 2:30</td>
<td>(250) 427-2108</td>
</tr>
<tr>
<td>260 - 4th Avenue</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Scotch Creek</td>
<td>9:00 to 1:00 (Wed &amp; Fri only)</td>
<td>(250) 782-5764</td>
</tr>
<tr>
<td>2 - 3874 Squilax-Anglemon Road</td>
<td></td>
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</tbody>
</table>

**Patient Instructions:** (unless otherwise indicated by your physician)

**Fasting Required:** Do not eat or drink (except water) for 8-12 hours before the following tests:
- GLUCOSE - fasting
- GTT - gestational diabetes confirmation and GTT - non pregnant
- LIPIDS/CHOLESTEROL - if indicated

Note: Chewing gum and brushing teeth during the fasting period is acceptable.

**Fasting is preferred,** but not required for the following tests:
- Homocysteine, Iron/Transferrin
- H. Pylori: Do not eat, drink (except water), or smoke for 4 hours before the test. Do not drink any fluid for the last hour of fasting.
- AM Cortisol and Testosterone: Collect sample within 3 hours of waking

Patient Instructions are also available on our website [www.lifelabs.com](http://www.lifelabs.com)

**Appointments are required for the following tests:**
Call to schedule an appointment Mon - Fri from 9am - 5pm
604-412-4495 or Toll Free 1-855-412-4495
- Ambulatory Blood Pressure
- DOT/non-DOT Drug Screen
- Holter Monitor
- Lactose Tolerance/Hydrogen Breath Test
- Semen Analysis

**Appointments are available but not required for the following tests:**
- Legal Drug Screen - See LifeLabs.com for a list of designated locations
- Panorama Pre-Natal Screening Test

For tests not listed above, you may arrive without an appointment OR schedule an appointment at a LifeLabs location online at [www.lifelabs.com](http://www.lifelabs.com).