



## Patient Instructions

### Urine for C&S or TB/AFB

Your health care provider has requested a urine specimen(s) for the test(s) marked below [X]. To produce a meaningful laboratory test result, follow these instructions exactly.

#### C&S Test: [ ]

- Upon rising or at any time, collect urine in the **C&S** container provided.

#### TB/AFB Test: [ ] Number of urine specimens to be collected: \_\_\_\_\_

- Upon rising each morning, immediately collect urine in one of the sterile containers provided.

#### Collection:

1. Wash and dry hands.
2. Begin urinating into the toilet. Without stopping the flow of urine, place the container in the urine stream, pass enough urine into the container to fill it half full and remove the container before the urine stops flowing. A minimum of 20mL is required.
3. Close the container tightly, taking care not to touch the rim or the inside of the container with your fingers.

#### Labelling

1. Label the container with your name, date of birth, and the date of collection.

#### Packaging

1. Place the container in the bag provided and securely close the bag.
2. Fold any paperwork and place in the external pocket of the specimen transport bag. This ensures the specimen will not leak onto the paperwork.

#### Storage and Transport

1. Refrigerate and bring specimen to the laboratory on the same day of collection. If the specimen is collected overnight, return to the laboratory as soon as possible in the morning. Delays may affect test results.
2. If multiple samples are collected for TB/AFB test, you may choose to bring one sample to the laboratory each day or refrigerate all 3 and bring them to the lab up to 24 hours after the last sample is collected