



Patient Instructions

Urine Cytology

Your health care provider has requested a urine specimen.
In order to produce a meaningful laboratory test result, follow these instructions exactly.

Collection

1. Do not collect the first urine produced in the morning (first void). The preferred specimen is the next urine specimen produced that day (second void).
2. Collect a midstream urine specimen from the second void:
Begin urinating into the toilet. Without stopping the flow of urine, place the container in the urine stream to collect some urine. Remove the container before the urine stops flowing
3. Fill the container about ½ full (approximately 50 mL). Close the container tightly.

Labelling

1. Label the container with your name, date of birth, and the date of collection.

Packaging

1. Place the container in the bag provided and securely close the bag
2. Fold any paperwork and place in the external pocket of the specimen transport bag. This ensures the specimen will not leak onto the paperwork.

Storage and Transport

1. Specimens require fixative to be added immediately after collection. If the specimen cannot be collected at the lab:
 - Refrigerate and bring the specimen to the lab within 2 hours from the time of collection.