LifeLabs®

Patient Instructions
Fecal Fat **24, 48 or 72 hour stool collection**

Appointment Information

Your doctor has requested that you have a fecal fat test performed. In order to produce a meaningful laboratory test result, you must follow these instructions.

Collection Instructions

1. Collect the specimen directly into the container(s) provided. Do not mix urine or water with the specimen.

2. Print the time and date the collection started on the label that is attached to the container.

3. Collect all bowel movements passed for the next ___ hours into the container(s). For a 24 hour collection that was started at 8:00 am, the collection would finish the next day at 8:00 am.

4. Print the time and date the collection finished on the label that is attached to the container.

Labelling Instructions

1. Label each container with your name and date of birth

2. Ensure the date and time the collection was started and the date and time it was completed is on the label on the container.

Storage Instructions

1. Store the container upright with the lid sealed tightly.

2. For sanitary reasons, keep the container enclosed in the plastic bag provided.

3. It is important that the container be kept cool during collection and prior to returning to the lab.

4. If it is not possible to store the specimens in the refrigerator, the following storage alternatives are acceptable:

    a. During cooler months, the container can be stored outside on a deck or in an unheated storage area where the temperature is less than 8° C.

    b. Place the container in an insulated cooler with freezer packs to maintain a cool temperature. The freezer packs will require replacement over the collection period.

Packaging and Transport Instructions

1. The specimen must be brought to the lab as soon as possible after collection; preferably on the same day of collection.

2. Place the collection container into a plastic bag for transport and then into the white plastic bag provided.