



## Patient Instructions

### Sputum – C&S or TB/AFB

Your health care provider has requested a sputum specimen(s) for the test(s) marked below [x]. In order to produce a meaningful laboratory test result, follow these instructions exactly.

#### C&S TEST:

##### Collection

1. Sputum is material brought up from the lungs after a deep cough. It is **not** saliva.
2. Upon rising or at any time, collect sputum in the "C&S" container provided.

##### Labelling

1. Label the container with your name, date of birth, and date of collection.

##### Packaging

1. Place the container in one of the bags provided and securely close the bag.
2. Fold any paperwork and place in the external pocket of the specimen transport bag. This ensures the specimen will not leak onto the paperwork. Each plastic bag must contain only one specimen.

##### Storage and Transport

1. Refrigerate and bring the container to the laboratory **within one hour of collection.**

#### TB/AFB TEST      Number of sputum specimens to be collected: \_\_\_\_\_

##### Collection

1. Sputum is material brought up from the lungs after a deep cough. It is **not** saliva.
2. Upon rising or at any time, collect sputum in the "TB" container provided.

##### Labelling

1. Label each container with your name, date of birth, and date of collection.

##### Packaging

1. Place the container in one of the bags provided and securely close the bag.
2. Fold any paperwork and place in the external pocket of the specimen transport bag. This ensures the specimen will not leak onto the paperwork. Each plastic bag must contain only one specimen.

##### Storage and Transport

1. Refrigerate and bring all the containers to the laboratory on the last day of collection.