

Patient Instructions

Helicobacter pylori Stool Antigen Test

Your doctor has requested that you have a H. pylori Stool Antigen Test performed. In order to produce a meaningful laboratory test result, you must follow these instructions.

Prior to the Test

Please discuss your medication use with your physician prior to taking this test.

Antibiotics and acid lowering medication may interfere with this test and should not be taken for the periods indicated in brackets prior to the test.

1. Antibiotics e.g. Amoxicillin, Clarithromycin, Metronidazole, Tetracycline (4 weeks)
2. Bismuth Preparations e.g. Pepto-Bismol (2 weeks)
3. Proton pump inhibitors e.g. Nexium, Pariet, Prevacid, Losec, Pantoloc, Pantoprazole (Tecta®) (7 days)
4. H2 receptor antagonists e.g. Zantac, Tagamet, Pepcid (1 day)
5. Antacids e.g. Maalox, Diovol, Gaviscon, Tums (1 day)

If you are taking any of these medications, it is recommended that you discuss this with your doctor before having the test done.

Collection Instructions

1



Urinate into the toilet if needed.

2



PLASTIC WRAP

Lift toilet seat. Place sheets of plastic wrap (e.g. Saran Wrap™) over the toilet bowl, leaving a slight dip in the centre. Place the toilet seat down. Pass stool onto plastic wrap.

3



OR



Alternatively, use a clean bowl or sterilized bedpan. Do not let urine or water touch the stool specimen.

4



Using the spoon attached to the cap, place stool into container. Do not over-fill the container.

5

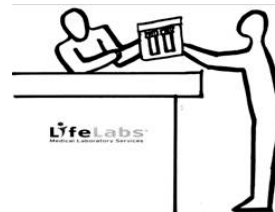
Add stool to the "FILL LINE". **Tighten cap securely.**

6



Wash hands with soap and water. Write Name, Date of Birth or Health Card Number, and Date and Time of collection on each container. Place container(s) into plastic bag(s) and seal.

7



Bring the container back to the laboratory within **4 hours of collection**. Delays will require specimen recollection. Until specimens can be brought to the laboratory, refrigerate.