

Collection of 24 hour Urine Specimen for Creatinine Clearance

1. Instruct patient to follow 24-hour urine collection procedure.
2. During the 24-hour collection, have patient drink at least 6 X 8 oz (250 mL) glasses of water.
3. An SST blood sample is collected for Serum Creatinine 24 hours before or after the Urine Collection period.
4. Record patient's height and weight on specimen bottle and requisition.

NOTE:

It is preferable that the patient be off all medication during the period of urine collection as some drugs can alter renal function. However, since discontinuation of medication may be ill-advised for medical reasons, the physician must advise the patient of what must be taken.